



MASSAGES & TREATMENTS





MASSAGES

Classic relaxing massage

25 min	€ 35,00
50 min	€ 60,00

Draining Massage

Helps lymphatic and venous circulation, suitable for edema and water retention

50 min	€ 60,00
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Decontracting Massage

It relaxes muscles helping the disposal of lactic acid. Indicated after sporting activity

50 min	€ 65,00
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Antistress Massage

Con mix di oli essenziali della Magnifica Essenza della Val di Fiemme

50 min	€ 65,00
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Cervical Massage

It relaxes muscles of neck, shoulders and back, to relieve daily tension

25 min	€ 35,00
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Stone Massage

In this ancient practice, hot lava stones combine the effects of thermotherapy with those of stimulating energy centres.

50 min € 70,00

Face, Head and Scalp Massage

Hair and scalp massage with acupressure on the skin, shoulders and face

25 min € 35,00

Candle Massage

With vegetable oils and butters that melt and slowly slide over the body, 100% natural cosmetic candles

50 min € 65,00

Tranquility Massage

With lavender scented oil

50 min € 60,00

Mountain Massage

With spruce essential oil from the Magnifica Essenza from Val di Fiemme

50 min € 65,00

Massage with Glass Cups

Ancient Chinese technique that combines massage with glass cups with suction cups, relieving muscle pain, improving circulation, toning and draining the body

25 min € 40,00

50 min € 60,00

Teen Massage (from 7 years)

Suitable for young people who want to treat themselves to a moment of pure relaxation

25 min € 35,00





TREATMENTS

Nourishing Face Treatment

It stimulates cell renewal by limiting dehydration
Suitable for dry and sensitive skin

50 min € 50,00

Anti Age Face Treatment

With intensive action, which thanks to natural substances, capture free radicals, blocking the oxidation process.

Suitable for mature skin

50 min € 50,00

Detoxifying Alpine Mud

With its revitalizing action it detoxifies the skin, making the skin radiant

40 min € 45,00

Mud Drain Complex

Treatment recommended for localised fat deposits and water retention

40 min € 45,00

Alpine Body Peeling

With hay flower extract, it deeply cleanses the skin and stimulates microcirculation making the skin more luminous

25 min € 35,00

Marine Body Peeling

Con sale puro del Mar Morto, aiuta a stimolare e migliorare il processo rigenerativo naturale della pelle

25 min € 35,00





EPILATION

½ Leg + Bikini	€ 30,00
½ Leg + Bikini+ Armpits	€ 40,00
Full Leg + Bikini	€ 45,00
Full Leg + Bikini + Armpits	€ 55,00
Higher Lip	€ 10,00
Eyebrows	€ 10,00
Bikini	(+10 TOTAL BIKINI) € 15,00
Armpits	€ 10,00
Arms	€ 18,00
Abdomen	€ 25,00
Back	€ 20,00

NAIL CARE

Aesthetic Pedicure	€ 35,00-50,00
Manicure	€ 25,00
Nail Polish	€ 5,00
French Nail Polish	€ 10,00





CONVENIENCE PACKAGE

Back Relief

Alpine Detoxifying Mud	40 min
Massage with glass cups	20 min
Herbal tea & Energy Snack	
	€ 91,00
-12 %	€ 80,00

Active Olimpionico

Sports massage	50 min
Alpine body exfoliation	25 min
Herbal tea & Energy Snack	
	€ 106,00
-15 %	€ 90,00

Lui & Lei

Classic relaxing massage	50 min
Personalised facial treatment	50 min
Herbal tea & Energy Snack	
	€ 116,00
-16 %	€ 97,00



Relax Dolomiti

Tranquility Massage	40 min
Detoxifying Alpine Mud	30 min
Glass of Trento DOC	
	€ 109,00
-11 %	€ 97,00

Sweet Romantic

Candle Massage	50 min
Antistress Massage	35 min
Glass of Trento DOC	
	€ 134,00
-10 %	€ 120,00

Happy Teen

Teen Massage (from 7 years)	25 min
Partial Alpine Body Peeling	50 min
Refreshing drink & Energy Snack	
	€ 76,00
-11 %	€ 67,00

Happy Family

Mountain Massage	50 min
Candle Massage	50 min
Teen Massage	25 min
Refreshing drink & Energy Snack	
	€ 171,00
-15 %	€ 145,00

Active Body

Alpine body Peeling	25 min
Detoxifying Alpine Mud	40 min
Draining Massage	50 min
Refreshing drink & Energy Snack	
	€ 146,00
-14 %	€ 125,00



SPA ENTRANCE

Outdoor SPA admission between 3pm and 8pm (1 towel included)

- Adult € 14,00
with bathrobe and flip-flops € 20,00
- Children up to 13 years old € 5,00

PRIVATE SPA

Mini Private Spa: 60 mins / €50 per person
Private Spa 120 mins / €60 per person

Mini Private Spa: 60 min / €60 per couple
Private Spa: 120 min / €80 per couple

Private Spa + one 30 minute massage:	€ 110,00
Private Spa + two 30-minute massages:	€ 140,00
Private Spa + one 50-minute massage:	€ 130,00
Private Spa + two 50-minute massages:	€ 180,00

Private Spa + Platter of local cold cuts and cheeses + Bottle of Trento Doc	€ 110,00
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For information and reservations, please ask at reception.



NONES FAMILY

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